

# MLK Education Center Culinary Arts Catering Menu - 2010



Contact information:

Julianne Phillips

682-2423

[mlkcatering@co.lane.or.us](mailto:mlkcatering@co.lane.or.us)

# Youth Services MLK Education Center

The purpose of the MLK Ed. Center is to provide wraparound services and support to juvenile offenders who have experienced multiple interruptions in a traditional school placement. Because of the unique services we offer, we have observed dramatic, positive changes in youth behavior, performance and attitude. With the combination of our educational/vocational program, we have seen an enhanced sense of campus safety and community for all youth.

The MLK Ed. Center Culinary Arts Program offers youth the opportunity to learn different jobs in the areas of food service and catering. Students gain skills and learn to safely use the equipment in an institutional and commercial kitchen that prepares meals for youth in detention, a residential treatment program and the MLK Ed. Center. Students may participate in all aspects of catering services to the community, including preparing food, serving food, providing customer service, setting up/taking down, and washing dishes. Each student will complete the Oregon Food Handlers Course and obtain their Food Handler's Card, which is valid for three years.



## Breakfast Selections

All prices are per guest

All breakfast selections come with freshly brewed coffee and teas

### McKenzie Morning Rush

Assorted bagels served with cream cheese

4.50

### Continental Breakfast

Assorted pastries (mini muffins, Danishes, scones and croissants)

5.50

(Add sliced fresh fruit \$ 1.00 per guest)

### All American Breakfast

Scrambled eggs, country potatoes, crispy bacon or sausage,

Assorted Danishes and sliced fresh fruit

9.50

### Blue River Breakfast Buffet

Our signature broccoli/bacon quiche or vegetable quiche.

Includes: bacon or sausage, assorted pastries, sliced fresh fruit &

country potatoes

10.00

(10 person minimum)

### Omelet Bar

Freshly prepared on site

Made to order 3-egg omelets

Served with a selection of sautéed fresh vegetables, choice of cheeses,  
& country ham. Accompanied by potatoes, bacon, link sausage, pastries & fresh fruit

13.95

(10 person minimum)

Contact Information: Julianne Phillips ~ 682-2423 ~ [mlkcatering@co.lane.or.us](mailto:mlkcatering@co.lane.or.us)

## From the Bakery A la Carte

Bagel with cream cheese	1.75 each
Cinnamon rolls	1.75 each
Mini muffins	8.50 dozen
Mini croissants	8.50 dozen
Mini scones	10.50 dozen
Mini pastries	10.50 dozen
Coffee cake <small>Our signature Marionberry Streusel Coffee Cake (serves 16)</small>	20.00 each
Sheet Cake <small>1/2 sheet (Serves 50)</small>	30.00 each
Choice of Cake: Chocolate, Yellow, White, Carrot	
Choice of Filling: Raspberry, Lemon, Vanilla, Chocolate	
Choice of Icing: Chocolate, Cream Cheese	

## Beverage Service

### Hot Beverage Service

Includes: cups, regular & flavored creamers, sugar, splenda, stirrers and napkins

Freshly brewed coffee, regular or decaffeinated	1.25 per guest
Tazo teas	1.25 per guest

### Cold Beverages

Bottled water	1.25 ea
Pepsi products (cans)	1.25 ea
Iced tea w/ fresh lemon	1.25 per guest
Lemonade	1.25 per guest
Apple and orange juices (serves 5 guests)	6.00 per pitcher
Ice water service (serves 5 guests)	1.50 per pitcher
1% Milk	.50 ea

Contact Information: Julianne Phillips ~ 682-2423 ~ [mlkcatering@co.lane.or.us](mailto:mlkcatering@co.lane.or.us)

## *Snacks*

*A selection of snacks perfect for afternoon meetings!*

<b>MLK Trail Mix</b> Our own blend of pretzels, peanuts, raisins and M&M's	1.50 per guest
<b>Chips &amp; Salsa</b> Corn tortilla chips and house-made salsa (when in season)	1.50 per guest
<b>Savory Snack Mix</b> A savory blend of pretzels & crackers	1.50 per guest
<b>Large Soft Pretzel</b> A freshly baked big soft pretzel served with spicy brown mustard	2.50 per guest
<b>Cheese &amp; Cracker Platter</b> A selection of domestic cheeses and crackers	2.50 per guest
<b>Crudités Platter</b> Assorted fresh seasonal vegetables with ranch dipping sauce	2.00 per guest
<b>Fresh Fruit Platter</b> Assorted sliced fresh seasonal fruits	2.25 per guest
<b>Cookie Platters</b> One dozen assorted freshly baked cookies	5.50 dozen
<b>Brownies</b> One dozen freshly baked chocolate brownies	12.00 dozen
<b>Mini Cupcakes</b> Pumpkin with cinnamon cream cheese frosting Red Velvet with cream cheese frosting Chocolate with vanilla butter cream Vanilla with chocolate butter cream	15.00 dozen

Contact Information: Julianne Phillips ~ 682-2423 ~ [mlkcatering@co.lane.or.us](mailto:mlkcatering@co.lane.or.us)

## Party Platters

Prices are per guest

Party platters require minimum of 10 servings per item

Each serving is 2 pieces

Cheese and cracker platter	2.50
Meat and cheese platter	4.50
Hummus Platter with Pita Bread	2.00
Spicy Pork Empanadas	2.00
Roasted new potatoes with smoked salmon	2.75
Grilled, marinated & skewered portabella mushrooms	2.25
Spicy garlic shrimp skewers	3.25
Crostini with fresh Mozzarella, tomatoes and basil	2.25
Teriyaki beef skewers	3.25
Tandoori Chicken skewers	3.25
Thai Chicken Skewers with Spicy Peanut Sauce	3.25
Teriyaki Chicken Wings	2.25
Buffalo Chicken Wings with Ranch or Bleu Cheese Dip	2.25
Artichoke Dip with Sliced Baguettes and Crackers	2.25
Spinach Dip with Sourdough Bread and Crackers	2.25
Grilled, Marinated and Fresh Vegetable Display Served with a Dipping Sauce	3.25
Smoked Salmon Display with Pickled Red Onions, Capers and Crème Fraîche Served with baguettes and crackers	4.25
Baked Brie Filled with Mushrooms, Caramelized Onions and Toasted Almonds Served with crackers and baguettes (minimum 20 people)	2.75

Contact Information: Julianne Phillips ~ 682-2423 ~ [mlkcatering@co.lane.or.us](mailto:mlkcatering@co.lane.or.us)

## Garden Delights

All salads are served buffet style and include fresh baked breadsticks, cookies and Iced tea or lemonade

Bottle water & Pepsi products available at additional charge

All prices are per guest

<b>Grilled Chicken Caesar salad</b>	9.50
Grilled chicken breast tossed together with fresh romaine lettuce, croutons, Parmesan cheese & Caesar dressing	
<b>Greek Salad</b>	9.00
Romaine lettuce topped with diced tomatoes and cucumbers, sliced red onions, croutons, Calamata olives and feta cheese served with Mediterranean dressing	
<b>Chef Salad</b>	9.25
Julienne turkey, ham, cheddar & Swiss served on a bed of baby mixed greens and topped with tomatoes, olives, hard cooked egg. Served with Italian, ranch or blue cheese dressing	
<b>Spinach Salad</b>	9.00
Baby spinach tossed with bacon bits, sliced red onion, hard cooked egg and croutons. Served with a raspberry vinaigrette	
<b>Taco Salad</b>	9.50
Romaine lettuce topped with choice of seasoned ground beef OR shredded chicken OR seasoned tofu, as well as shredded cheese, black olives, diced tomatoes, guacamole, sour cream, salsa and green onions. Served with tortilla chips in place of breadsticks.	

## Salad Buffet

For a variety choose 3 of the above salads

10.00 per guest

Individual boxed salads available at an additional charge of .75 per guest

**Ala Carte Salad – Green Garden or Caesar**

1.50 per guest

Contact Information: Julianne Phillips ~ 682-2423 ~ [mlkcatering@co.lane.or.us](mailto:mlkcatering@co.lane.or.us)

## Buffet Lunches

Create your own masterpiece with our various bar lunches! Lunch includes fresh green salad with dressings or Caesar salad, breadsticks (not included in sandwich bar or boxed lunch) and fresh baked cookies or brownies

Iced tea or lemonade

Bottle water & Pepsi products available at additional charge

All prices are per guest

Minimum order 10 guests

### Pasta Bar

11.50

Choose two pastas:

Penne

Bowtie

Fettucine

Rotini

Choose two sauces

Marinara Meat Sauce

Vegetarian Marinara Sauce

Alfredo Sauce

Pesto Sauce

### Baked Potato Bar

10.00

Large baked potato served with chili or grilled chicken (choose one) shredded cheddar cheese, chopped bacon, steamed broccoli, sour cream, green onions, whipped butter and salsa.

### Sandwich Bar

9.75

A selection of deli meats and cheeses with all the fixings offered with a variety of breads.

Choose two salads: Caesar Salad, Garden Salad, Greek salad, Potato salad or Fruit salad

Served with individual bags of chips

### Boxed Lunches To Go (Minimum of 5 orders)

9.75

Sandwich of your choice w/condiments, piece of fresh fruit, choice of a fresh salad, cookie, chips and a Pepsi product or bottled water (Use order form on page 12)

### Soup and Salad Bar

9.50

Choose two soups (ask about our seasonal soups)

Minestrone

Chicken Tortilla

Broccoli Cheddar

Chicken Noodle

Creamy Tomato

Potato Leek

Vegetable

Clam Chowder

Beef Barley

Contact Information: Julianne Phillips ~ 682-2423 ~ [mlkcatering@co.lane.or.us](mailto:mlkcatering@co.lane.or.us)

## Hot Entrees

Selections served with a fresh green salad or Caesar salad, breadsticks, and fresh baked cookies or brownies

Iced tea or lemonade

Bottled water & Pepsi products available at additional charge

All prices are per guest

### Marinated Chicken Breast with Pesto sauce 12.95

Grilled marinated chicken breast in a pesto sauce, served with fresh seasonal vegetables and a choice of rice pilaf, pasta, garlic mashed or roasted red potatoes

### Salmon with Lemon Caper Butter 14.50

Fresh grilled salmon topped with lemon caper butter served with fresh seasonal vegetables and a choice of rice pilaf, pasta, garlic mashed or roasted red potatoes

### Grilled Marinated Tri-tip with Sautéed Mushrooms 14.50

Grilled steak topped with fresh sautéed mushrooms served with fresh seasonal vegetables and a choice of rice pilaf, garlic mashed or roasted red potatoes

### Barbecued Pulled Pork Sandwiches 12.95

Pulled pork with our own special barbecue sauce served with fresh buns and cole slaw

### Chicken Kabobs 12.95

Grilled, marinated chicken & fresh vegetables on a skewer served over rice

### Enjoy a Barbecue (Minimum order 20 guest) 13.50

Grilled hamburgers, hot dogs & veggie burgers, baked beans, potato salad, fresh fruit salad, cheese, tomatoes, onions, lettuce, potato chips, condiments (no breadsticks or green salad)

Add chicken breast 1.00 per guest

### House-smoked Pork Ribs or Chicken

Pork ribs or chicken served with cornbread, cole slaw, and baked beans 15.50

Contact Information: Julianne Phillips ~ 682-2423 ~ [mlkcatering@co.lane.or.us](mailto:mlkcatering@co.lane.or.us)

## Hot Entrees

Selections served with a fresh green salad or Caesar salad, breadsticks, and fresh baked cookies or brownies

Iced tea or lemonade

Bottle water & Pepsi products available at additional charge

All prices are per guest

<b>Enchiladas - Chicken or Cheese</b>	10.00
Served with Spanish rice and a choice of black beans, whole pinto beans or refried beans (tortilla chips and salsa in place of breadsticks)	
<b>Chile Verde</b>	12.95
Served with Spanish rice, warm tortillas and a choice of black beans or pinto beans (tortilla chips and salsa in place of breadsticks)	
<b>Build Your Own Taco or Burrito</b>	11.00
Seasoned ground beef, shredded lettuce, diced tomatoes, cheddar cheese, sour cream, sliced olives, sliced jalapeños, salsa, hard and soft shell tortillas. Served with Spanish rice and a choice of black beans, whole pinto beans or refried beans (tortilla chips and salsa in place of breadsticks)	
<b>Chicken Stir Fry</b>	11.00
Marinated chicken stir fried with fresh seasonal vegetables served over steamed white rice (Tofu available upon request)	
<b>Homemade Lasagna (Meat or Vegetarian)</b>	11.00
Freshly made marinara sauce layered with pasta and cheese and baked to perfection	
<b>Eggplant Parmesan (Vegetarian)</b>	11.00
Breaded eggplant layered with marinara sauce and cheese and baked to perfection	
<b>Pasta Primavera (Vegetarian)</b>	11.00
Fresh seasonal vegetables, marinara sauce, pasta and parmesan cheese	
<b>Stuffed Portabella Mushroom (Vegetarian)</b>	11.00
Grilled marinated portabella mushroom stuffed with fresh pesto, cheeses and pine nuts	

Contact Information: Julianne Phillips ~ 682-2423 ~ [mlkcatering@co.lane.or.us](mailto:mlkcatering@co.lane.or.us)

# MLK PIZZARIA

Pizzas are cut into 10 slices (5 servings per pizza)

Additional Toppings 1.00

## Pepperoni Pizza

Made with our special crust, savory pizza sauce, sliced pepperoni, mozzarella, provolone and parmesan cheese

12.00

## Cheese Pizza

Made with our special crust, savory pizza sauce, mozzarella, provolone and parmesan cheese

12.00

## Sausage Pizza

Made with our special crust, savory pizza sauce, sausage, mozzarella, provolone and parmesan cheese

12.00

## Vegetarian Pizza

Made with our special crust, savory pizza sauce, fresh vegetables, mozzarella, provolone and parmesan cheese

12.00

## Hawaiian Pizza

Made with our special crust, savory pizza sauce, Canadian bacon, pineapple, mozzarella, provolone and parmesan cheese

12.00

## BBQ Chicken Pizza

Made with our special crust, fresh made BBQ sauce, chicken, mozzarella, provolone and parmesan cheese

14.00

## Greek Pizza

Made with our special crust, savory pizza sauce, tomatoes, red onion, feta cheese, olives, artichokes, mozzarella, provolone and parmesan cheese

14.00

## Combination Pizza

Made with our special crust, savory pizza sauce, pepperoni, mushrooms, black olives, bell pepper, tomatoes, mozzarella, provolone and parmesan cheese

14.00

Contact Information: Julianne Phillips ~ 682-2423 ~ [mlkcatering@co.lane.or.us](mailto:mlkcatering@co.lane.or.us)

# MLK Culinary Arts Menu

## Boxed Lunch Order Form

Name:

Meeting:

Meeting Date:

**Boxed Lunch includes:**

Sandwich of your choice w/condiments, piece of fresh fruit, choice of salad, cookie, chips and a Pepsi product or bottled water \$9.75

- Please check the items you prefer -

(Sandwiches include: pickle, lettuce, tomato, and onion - all on the side - and mayonnaise and mustard packets)

<b>MEATS</b>			<b>CHEESES</b>	
<input type="checkbox"/> turkey	<input type="checkbox"/> honey ham	<input type="checkbox"/> roast beef	<input type="checkbox"/> Swiss	<input type="checkbox"/> cheddar
<input type="checkbox"/> veggie	<input type="checkbox"/> chicken breast (add \$1.00)		<input type="checkbox"/> pepper Jack	<input type="checkbox"/> provolone

<b>BREADS</b>	
<input type="checkbox"/> potato white	<input type="checkbox"/> whole grain
<input type="checkbox"/> sourdough	<input type="checkbox"/> rye

<b>FRESH SALADS</b>			
<input type="checkbox"/> fresh fruit salad	<input type="checkbox"/> potato	<input type="checkbox"/> green garden (served w/ side of ranch)	<input type="checkbox"/> Caesar

### Boxed Lunch Order Requirements:

Minimum of 5 orders

Order must be received one week prior to event

48-hour notice of cancellation without a fee

Contact Information: Julianne Phillips ~ 682-2423 ~ [mlkcatering@co.lane.or.us](mailto:mlkcatering@co.lane.or.us)



Contact information:

Julianne Phillips

682-2423

[mlkcatering@co.lane.or.us](mailto:mlkcatering@co.lane.or.us)